The CCSU Student Wellness Center provides a range of mental health, medical and wellness education services to enrolled CCSU students. Services are free and confidential. Although students can make an appointment any time there is a need, you are encouraged to seek counseling and health-related services before emotional, interpersonal, behavioral, and/or medical concerns begin to interfere with your well-being or academic success. To make an appointment, please call 860-832-1926 or stop by the Student Wellness Center located in Willard-DiLoreto Hall, W101.